

Organization	Service type	Contact	Particulars
Sexual Assault and Partner Abuse Care Program	Emergency room services, follow-up and crisis counselling	Jennifer Wainman-McNaught 798-5555, ext. 16555 Laure-Anne Larochelle 798-5555, ext. 13469	A nurse will be paged to the emergency room and will arrive within 1 hour and 15 minutes
	Short-term counselling (8 sessions)	Same	For women who have experienced a sexual assault in the last year
	Follow-up clinic	Same	
Ottawa Rape Crisis Centre	24-hour crisis line	(613) 562-2333 www.orcc.net	Support for women who have experienced sexual violence
	Short and long term individual counselling	(613) 562-2334	
	Group counselling	(613) 562-2334	
	Accompaniment to the hospital, police and court	(613) 562-2334	
	Public education services	(613) 562-2334	
Royal Ottawa Hospital	Long-term counselling for adults and children	Wilma Erickson (613) 722-6521, ext. 6211 www.rohcg.on.ca	A psychiatrist must be attached to the process
CALACS francophone d'Ottawa	24-hour information and support line (services offered in French)	(613) 789-9117 www.calacs.ca	Support for women who have experienced sexual violence
	Individual counselling (services offered in French)	Christine Jacques (613) 789-8096	
	Group counselling (services offered in French)	Christine Jacques (613) 789-8096	Groups offered approx. three times a year (spring, fall and winter)
	Accompaniment	Christine Jacques (613) 789-8096	
	Workshops	(613) 789-8096	
	Library	(613) 789-8096	
	Public education services	(613) 789-8096	
Young Women's Emergency Shelter	Emergency housing for young women aged 12 to 20	Sue Pihlainen (613) 789-8220	On-site services: • Individual crisis counselling • Referrals • Links to financial services • Case management • Individual counselling accessed through the Youth Services Bureau
Somerset West Community Health Centre	Individual counselling	Bonnie Stephanson (613) 238-8210, ext. 369 www.swchc.on.ca	Services those living in the west community area (from Bronson Avenue to Island Park Drive and the Ottawa River to Carling Avenue)
Sexual Assault Support Centre	Individual counselling	(613) 725-2160	
	24-hour crisis line	(613) 234-2266	
	Group counselling	(613) 725-2160	
Catholic Family Service Ottawa	Individual counselling (services offered in French)	Suzanne Cloutier (613) 233-8478 www.cfssc-ottawa.org	
	Group counselling (services offered in French)	Suzanne Cloutier (613) 233-8478	Groups are offered three times a year
Victim/Witness Assistance Program	Offers information, support and referrals to survivors when the perpetrator has been charged	Rachelle Laurin (613) 239-1229	Services are offered from the time of arrest until the disposition is rendered
Victims Assistance Services of Ottawa-Carleton/Supportlink	Referrals	Jenny Strange (613) 569-8765	All referrals to Supportlink must be made by a community organization.
	911 emergency cell phone and safety plan	Jenny Strange (613) 569-8765	A two-hour assessment is conducted
Pinecrest-Queensway Community Health Centre	Individual counselling	(613) 820-4922 www.ecrestqueensway.com	
	Partner abuse and sexual assault groups	(613) 820-4922	
Family Services Centre	Individual counselling	(613) 725-3601 fscoc@ilysservicesottawa.org	
	Group counselling (Incest survivors group)	Margaret Kelly (613) 725-3601, ext.109	16-week group for women who have been sexually abused in childhood by a family member or other adult in a position of trust
SUVAC, Support aux Victimes d'Actes Criminels	Accompaniment, Information, Support, Referrals, Security plan	Mérodie Bessé (613) 744-2892	Services offered in French
Ligne de soutien pour femmes victimes de violence	24 hour crisis line (services offered in French)	1-877-femaide (336-2433) www.briserlesilence.ca	Immediate support and referrals towards appropriate French-language services in the community